

Uniform ordering information

New Assumption Cross Country athletes and any girl who must replace her uniform or podium shirt, must purchase these specific items in order to compete in races. Returning athletes with an official uniform and podium shirt do not have to buy anything unless they would like to order additional shorts (e.g. for practice) or need to replace an item that no longer fits.

New girls: you must buy a uniform top (singlet) and a podium shirt. Those items are described below. You must also have a pair of shorts, but do not necessarily need to buy those shorts (e.g. if you already have an appropriate pair). For your convenience, we allow parents to order those shorts here. Some parents also find that the shorts they buy through the uniform sale are typically cheaper than what they would be at the store (e.g. Dicks). Everything is ultimately delivered to the school, and we'll distribute these items at practice.

All orders are placed online during a specific time frame (July 25 – August 2). Once the time frame closes, we cannot order any more uniforms. The website and a password to enter the website are provided on the other handout.

Singlet: this is a white tank/singlet top with the school "A" logo on the front. We can bring sample size smalls to practice and other sizes if we have any. The girls will wear this uniform top to all meets and compete in this top. This is a required item for all girls who do not have the singlet already.

Podium shirt: a short sleeve black Nike dri-fit shirt with "Assumption Cross Country Rockets" on the front and their last name on the back. We require that the girls wear this shirt over their uniform when they arrive at meets. They don't race in this shirt, it's a shirt they wear when they arrive and if they get an award. This is a required item for all girls who do not have the podium shirt already. This shirt will be something the girls may wear at school as spiritwear.

Uniform shorts: the shorts purchased here depend on whether a girl is planning to do Group A or Group B. There are uniform matching rules and so the shorts across girls must match when we compete in the weekend meets.

- **Group A girls** should purchase the black spandex (volleyball) shorts. This would include any girl interested in Group A. For our girls who've played volleyball, these shorts may already be something you have. These shorts cannot have any logos or writing on the waistband (e.g. it cannot say "Nike Pro"). Please check with Coach Barry if you have shorts already and are not sure if they're the correct type. The girls wear these shorts in meets and practice, so they'll be something that gets used a lot. If you are a Group A girl with objections or concerns related to wearing the spandex, then please be sure to speak with Coach Barry.
- **Group B girls** may purchase either the black spandex or the regular black Nike shorts. There are no restrictions on which pair of shorts that the Group B girls wear at their meets, whereas there are some restrictions with what Group A girls wear. This is due to the type of meet the girls attend.